

Grooms Diary

OUR OPENING HOURS

Mon-Wed: 9:30-6:30pm

Thurs-Fri: 9:30-6:30pm

Sat: 9:30-5:30 pm

Address:

1st Floor, Hibernian Court, Longford

Email:

yvonne@5thavenuebeautysalon.ie

Telephone: (043) 36566

Dates	To Do	Beauty Tip
2 months before	Book a Customised Facial Especially if you are having problems for example congestion, sensitivity or dryness. We will kick start your skin into action advise you on what you can use at home to have healthy looking skin on the day.	Please attend the facial clean shaved.
	Tanning Do <u>not</u> fake it, use a sunbed/shower. We are a tanning salon so we have two stand up sun showers. As well as not looking very pale beside your tanned bride, it is a great way of preparing your skin for the honeymoon. We will recommend a course for you.	Use a recommended sun bed cream. Make sure it contains <u>no</u> tanners, it will keep your skin moisturised resulting in a better faster tan.
1 week before	Massage Great way for you to relax, we provide a full body or back, neck and shoulders or Indian head massage.	Why not surprise the bride to be and treat her to one at the same time. Always book a massage in the evening as you will feel tired and drink plenty of water afterwards.
3-4 days before	Waxing We provide Back and Chest waxing if you want rid for the honeymoon. We also provide brow shaping if needed.	Listen to the therapist aftercare advice.
2 days before	Deluxe Manicure for Men Hard working manicure for hard working hands. Your hands are going to be on show and photographed during the day, so it is important to have them tidied up.	

We have a section in our booklet with the other treatments that are available for male clients.

All treatments are strictly private and confidentiality is assured.

We look forward to meeting you and wish you all the best for your wedding day.