

Brides Beauty Diary

Dates	To Do	Beauty Tip	Appointment
3 months before	Book a Facial During your facial we will do a skin analysis and advise you on how to get your skin glowing for the wedding day. If you are planning to get a few facials before the day, save money and book a course of facials!	Good home care is very important to your skins health. We will give you a prescription sheet on products to suit your skin type and advise how to use at home.	Date: Time:
	Tanning If you are going to fake it now is the time to get a trial tan.	Exfoliate or have a bath the night before do not use any oils or moisturisers on the skin, wear no deodorant and bring old loose clothing to get changed into after you get tan.	Date: Time:
	If you are planning on not using a fake tan now is the time to start using a sunbed/shower.	Use a recommended sun bed cream make sure it contains no tanners, it will keep your skin subtle and moisturised therefore your skin will tan faster.	Date: Time:
	Trial Makeup We have two main makeup artist in the salon, Yvonne and Donna. We will spend time creating whatever look you want.	It's a great idea to get your tan done the evening before. The following day book your trial hair and then makeup. It will give you a better idea of how you will look overall.	Date: Time:
2 months before	Book a Facial , together with a professional brow shape and lash tint		Date: Time:
3 weeks before	Book a Facial and a Massage Take a little me time. Book yourself and the groom or friend in for a massage to work out those stressed areas and help you sleep.	Always book a massage in the evening as you will feel tired after a session. Drink plenty of water afterwards. Do NOT use any fake tans in the two weeks before your wedding.	Date: Time:
3 days before	Book a Luxury Booster Facial This will hydrate, firm and nourish your skin so your makeup will look flawless. Eyelash tint, brow wax, body waxing, bikini and leg.	Don't forget about the mums this is a perfect treat for them too.	Date: Time:
	Manicure and Pedicure Sort out those cuticle and have them looking tip top on the day and for the honeymoon.		Date: Time:
The day before	Tanning: Bride, bridesmaids and family.	Welcome to bring finger food and drinks into salon.	Time:
	Nails: File and French or Gel Nails,	Don't forget your Flip Flops if getting toe nails done!!	Time:
Wedding Day	Makeup: this can be done in the salon or at your home.		Time: